



EDUCATE • CHALLENGE • INSPIRE

A photograph of two young men in black wetsuits standing on a rocky beach. They are both smiling and giving thumbs up. The man on the left is holding a teal wetsuit. In the background, other people in wetsuits are visible on the rocks and in the water. The scene is bright and sunny.

# MARINE ECO-TOURS FOR SCHOOLS

Teacher Edition

*Cape Town South Africa*

Bring your students on one of our  
eco-tours for a school trip like no other!

# Why Choose Cape-ED?

Our eco-tours are lead by industry experts with over 10 years experience planning school trips and studying the marine environments of South Africa.

False Bay Lookout



Founders: Lee & Mike

## EDUCATIONAL

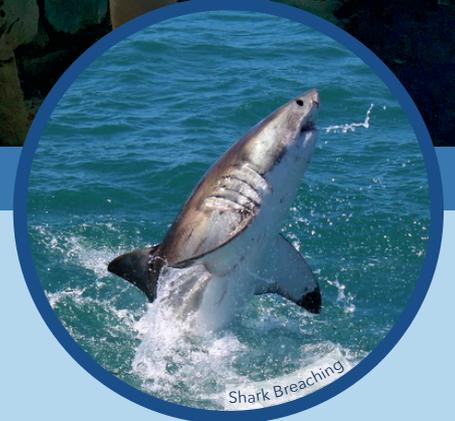
The team consists of both qualified teachers and marine biologists who have designed each stage of the eco-tour to educate you on this unique biodiversity hotspot. The founders Lee and Mike met at Bangor university 15 years ago and put their collective experience together to design this unique educational experience. Lee is a science teacher with a huge passion for marine biology and conservation whilst Mike has worked in marine environments around the world gaining a Masters degree before settling in South Africa a few years ago.



Diving at Seaforth

## CHALLENGING

That first venture into the ocean can be a little daunting yet so rewarding! We challenge you and your students to step out of their comfort zone and push yourselves to new depths. You will meet new people, embrace a new culture and have experiences that will change your lives. Working together as a group you will achieve so much which will be recognised and celebrated at our farewell ceremony. All the group are expected to pitch in with activities including meal preparation and centre cleaning whilst encouraging each other to get the most out of the experience. This really is a school trip like no other!



Shark Breaching

## INSPIRING

You will gain an insight into the current environmental issues and be inspired to respect and conserve the incredible diversity within it. Studying the region's endangered species, especially the White shark and the Cape penguins, will give you a good understanding of the threats they face. Plastic pollution is also a real issue and threat to marine wildlife through entanglement or ingestion. Our program of community beach cleans and harbour cleans give you an idea of the issue and you will not be able to visit another beach again without doing your bit and inspiring others to do the same.

# The Plan

## Step 2

Upon receiving your quote, and approval from your SLT, promote your tour using our resources - we can even come to your school to host an assembly or parental talk if you wish. When you are ready to book your tour, we will request a £150 deposit per student to secure your booking. We provide free teacher places at a ratio of 1:10. Once your tour date is confirmed, we will work with you to find the best flight options that get you to Cape Town in time to start the tour.

## Step 3

2 Months after your booking deposit we will request a second instalment of £150 and 8 weeks prior to your tour date, we will invoice you requesting the final payment. In the weeks before your tour we will arrange to come in to your school and ask your students to choose from a list of conservation projects to investigate before you travel. Then all that's left to do is get on the flight and meet us in the airport! Take a look at what the eco-tour includes over the next few pages! If you have any questions about any aspect of the tour, call or email us!

## Step 1

Decide upon what time of year you want to come. We can accommodate you both during term time or the school holidays. Gauge interest from your students, estimate your group size then contact us to request a quote. Our quote will include everything listed in the brochure and we will guide you to the best flight options available for your group\*



## Questions?

Talk to us today - We don't bite!



LEE JEVONS  
CO-FOUNDER  
UK OPERATIONS  
+44 7979 523186  
lee@cape-ed.com



MIKE BARRON  
CO-FOUNDER  
SOUTH AFRICA OPERATIONS  
+27 6233 17530 (WhatsApp)  
mike@caperadd.com

\*Flights are not included in the price and you must book this separately. Don't worry we will give you all the help you need to do this and the major airlines who fly to South Africa have great group booking arrangements including small deposits to secure flights

# Day 1 Arrival Day



Private access to the beach

## HIGHLIGHTS

- ~ Meet the team in the airport and transfer to Simons Town
- ~ Settle into accommodation and explore the town
- ~ Orientation briefing
- ~ Welcome Braai

Once your group arrive in Cape Town you will be met at the airport by our staff. We will load the minibuses and head to the accommodation centre to get settled in and have a light lunch before heading out to explore the local area.

The local markets and shops are just outside the grounds of the accommodation centre and you can take a stroll along the beach from the accommodation's own private access.

You will also have your orientation briefing before enjoying a relaxed welcome Braai where you can try the local cuisine, sort out your group roles and meet the Cape ED staff.

## Good to Know

- All meals included
- Bedsheets and linen provided
- Secure accommodation centre
- Teachers can be insured to drive the minibuses
- Private access to the beach
- Ice cream shop on site



Orientation briefing



Front of Accommodation centre

Disclaimer: Whilst we'll make every effort to follow the planned itinerary, we may need to vary the scheduled activities to reflect weather and tidal limitations as well as seasonal availability.

**CAPE-ED**  
www.cape-ed.com

Contact us today to register your interest  
E: [info@cape-ed.com](mailto:info@cape-ed.com) T: +44 7979 523 186

# Day 2

## Intro to freediving



Freediving at Seaforth Beach

## HIGHLIGHTS

- ~ Learn the techniques of freediving to maximise your underwater experience
- ~ Snorkel survey of Miller's Point
- ~ Biodiversity Lecture delivered by marine biologists

After breakfast, head to your first talk where you'll learn all about the incredible biodiversity of the region you are about to explore.

Full instruction on how to use the equipment will be given before heading out for the afternoon on your first encounter with the marine wildlife of False Bay.

You'll get to practice your freediving skills at a local dive site where you can explore a bustling underwater world like nowhere else on the planet. (And don't forget your camera to document your unbelievable experience!)

After an amazing first dive, you'll head back to the centre to help prepare dinner. That evening, your students will begin to discuss their findings with the group, based on the projects they chose to do prior to the trip.

## Good to Know

- Lunch Included
- All equipment provided
- Instruction & training given
- Feedback on individual projects encouraged



Snorkel Survey



Dive Briefing

Disclaimer: Whilst we'll make every effort to follow the planned itinerary, we may need to vary the scheduled activities to reflect weather and tidal limitations as well as seasonal availability.

**CAPE-ED**  
www.cape-ed.com

Contact us today to register your interest  
E: [info@cape-ed.com](mailto:info@cape-ed.com) T: +44 7979 523 186

# Day 3

## Table Mountain and Cape Town



View from Table Mountain

## HIGHLIGHTS

- ~ Ascend Table Mountain either by hiking or via Cable car
- ~ Scenic drive up to Chapman's Peak
- ~ Two Oceans Aquarium
- ~ Shopping and dining at the V&A waterfront

Pack your bag ready for your ascent up the iconic Table Mountain. You will head to Cape Town via the scenic Chapman's Peak where you will stop to take in the breathtaking views before heading to the base of Table Mountain.

You will choose to hike to the top or board the cable car for an exhilarating lift up the side of the mountain. From there you will explore the region above the clouds whilst enjoying the panoramic views.

In the afternoon you will head into the city of Cape Town to explore the Two Oceans Aquarium before some free time and a meal on the fabulous V&A Waterfront.

## Good to Know

- Table Mountain cable car included
- Entry to Two Oceans Aquarium included
- Free time at V&A waterfront
- Meal at a restaurant in Cape Town included



# Day 4 Boulders Beach



Viewing platform at Boulders Beach

## HIGHLIGHTS

- ~ Study the penguin colony at the famous Boulders Beach
- ~ Enhance your freediving skills
- ~ Great White Shark lecture
- ~ Baboon observation

The ocean is calling you once more! After breakfast, you will get your gear together and head to another dive site to enhance your freediving skills and explore the underwater environment once more. Whilst journeying to the dive site, keep a lookout for the Baboons on their morning forage!

As you dive amongst the kelp, you will search for the elusive Cape clawless otter and you may even be lucky enough to stumble upon some of the larger species of shark such as the Cow shark! You will almost certainly be joined by some inquisitive Cape fur seals!

In the afternoon, you will head to study the famous penguin colony at Boulders Beach before returning to the centre for your evening lecture on the behaviour of the Great White Shark.

## Good to Know

- Entry fee to Boulders Beach Included
- Wetsuit and freediving equipment provided
- White Shark lecture delivered by experienced Marine Biologists



Boulders Beach



Seaforth Beach

Disclaimer: Whilst we'll make every effort to follow the planned itinerary, we may need to vary the scheduled activities to reflect weather and tidal limitations as well as seasonal availability.

**CAPE-ED**  
www.cape-ed.com

Contact us today to register your interest  
E: [info@cape-ed.com](mailto:info@cape-ed.com) T: +44 7979 523 186

# Day 5 Shark Cage Diving



Cage diving at Seal Island

## HIGHLIGHTS

- ~ 4 Hour cage dive experience
- ~ Boat trip to dive site
- ~ Whale spotting
- ~ Shark Museum

This morning you are up early to prepare for your cage diving experience with the sharks of South Africa. The plight of these magnificent animals over the last few years has increased and sightings are becoming more difficult.

We will consult with our experts in the region and plan to cage dive at the location with the highest chance of viewing these incredible creatures. At the site, slip into your wetsuit, grab your mask and descend into the cage for an experience you will never forget!

Later in the day, you will head to the Shark museum for a further lecture and the chance to explore more about the threats facing these endangered species.

## Good to Know

- Choice of dive sites to maximise chance of shark sightings
- Cage diving fee included
- Wetsuit and equipment provided
- Packed lunch provided



Cage diving at Dyer Island



Shark Museum

Disclaimer: Whilst we'll make every effort to follow the planned itinerary, we may need to vary the scheduled activities to reflect weather and tidal limitations as well as seasonal availability.

**CAPE-ED**  
www.cape-ed.com

Contact us today to register your interest  
E: [info@cape-ed.com](mailto:info@cape-ed.com) T: +44 7979 523 186

# Day 6

Community engagement  
and Conservation



Beach Clean at Fish Hoek Beach

## HIGHLIGHTS

- ~ Plastic pollution lecture
- ~ Community beach clean and analysis of collected debris
- ~ Underwater citizen science surveys
- ~ Ghost tour of Simons Town after dark

After breakfast, our marine biologists will guide you through the conservation work they do and how you can help. You'll learn about the issue of plastics in the marine environment (including microplastics) before heading out to take part in a community beach clean. You'll analyse the amount and type of debris that is being found and learn of the threats this poses to local wildlife.

Afterwards, you'll take to the water once more to conduct underwater surveys of your chosen area of interest. The data collected will be uploaded to the central database and form part of the long term study our marine biologists are involved in. After dark, you'll go on a guided ghost tour of the old naval town and learn about its many mysterious goings-on from the time the town was established.

## Good to Know

- Debris collected will be analysed and documented by our biologists
- All protective equipment provided
- Ghost tour fee included



Ghost tour



Data collection

Disclaimer: Whilst we'll make every effort to follow the planned itinerary, we may need to vary the scheduled activities to reflect weather and tidal limitations as well as seasonal availability.

**CAPE-ED**  
www.cape-ed.com

Contact us today to register your interest  
E: [info@cape-ed.com](mailto:info@cape-ed.com) T: +44 7979 523 186

# Day 7 Cape Point



Steps up to Cape Point Lighthouse

## HIGHLIGHTS

- ~ Cape of Good Hope exploration and wildlife observation
- ~ Cape Point lighthouse
- ~ Hike up to Just Nuisance's grave
- ~ Farewell Braai

Today is the day you head to the bottom of the continent to see the infamous Cape of Good Hope. You will spend the day exploring the Cape Point Nature Reserve at your leisure, enjoying the stunning scenery and observing the incredible wildlife that lives in the park.

Be careful of the baboons as you enjoy your picnic lunch though, they can cause quite a stir sometimes! As you head back to Simons Town, you will stop off at the grave of Just Nuisance and learn more about the town's iconic Great Dane which was the only dog to ever be enlisted into the navy!

Back at the centre it's time to reflect on your experiences and enjoy your last night of the program at your farewell braai with the Cape ED staff.

## Good to Know

- Nature Reserve entry fee included
- Picnic lunch provided
- Time to explore the park at your leisure
- Option to drive to Just Nuisance's grave



View from Just Nuisance's grave



Cape Point

Disclaimer: Whilst we'll make every effort to follow the planned itinerary, we may need to vary the scheduled activities to reflect weather and tidal limitations as well as seasonal availability.

**CAPE-ED**  
www.cape-ed.com

Contact us today to register your interest  
E: [info@cape-ed.com](mailto:info@cape-ed.com) T: +44 7979 523 186

# Day 8 Harbour Clean and Farewell



Simons Town harbour clean

## HIGHLIGHTS

- ~ Simons Town harbour clean up and analysis of collected marine debris
- ~ Souvenir shopping at the local markets
- ~ Community conservation project involvement

On the last day, you'll head to the harbour in Simons Town. With the local community once more, you will grab a floating sea bin and head into the water to take the debris directly from the ocean floor.

The debris collected will once again be analysed and disposed of responsibly. It's astounding what you might find, the skull of a Cape fur seal or maybe an octopus living in a discarded jam jar!

After heading back to the centre to dry off, the program comes to an end. After a final sweep of the centre we will jump in the minibuses and head back to the airport to bid you farewell.

## Good to Know

- Community harbour clean in the water
- Debris disposed of responsibly
- All protective equipment provided
- Transfer to Cape Town airport included



Sea Bins



Octopus in a jar

Disclaimer: Whilst we'll make every effort to follow the planned itinerary, we may need to vary the scheduled activities to reflect weather and tidal limitations as well as seasonal availability.

**CAPE-ED**  
www.cape-ed.com

Contact us today to register your interest  
E: [info@cape-ed.com](mailto:info@cape-ed.com) T: +44 7979 523 186



EDUCATE • CHALLENGE • INSPIRE

*Book your place on an eco-tour today.*

## September to March

Minimum Group Size: 12

Maximum Group Size: 25

from **£979** pp\*

## April to August

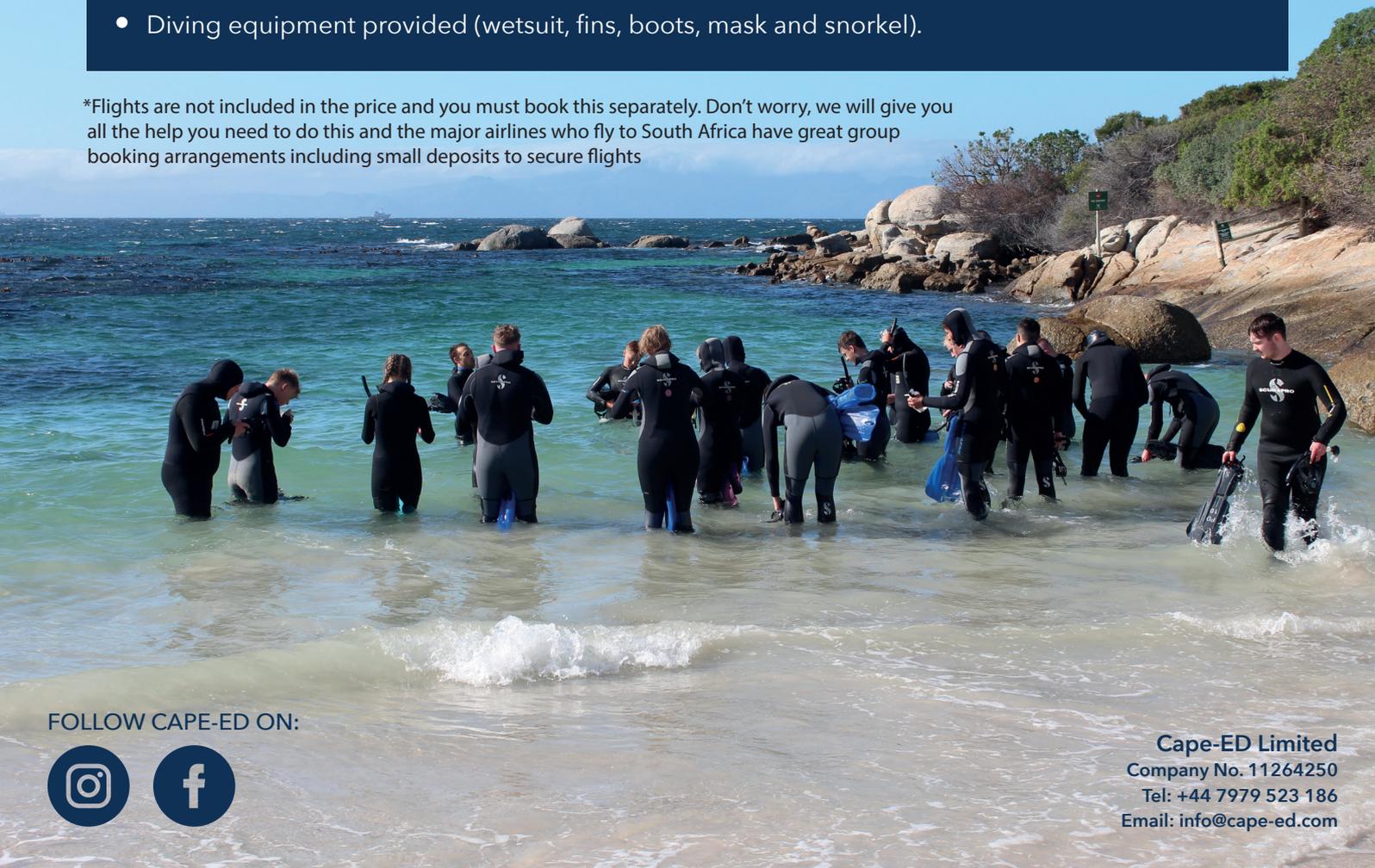
Minimum Group Size: 12

Maximum Group Size: 25

from **£999** pp\*

- Prices based per person for a single bed in shared dormitory.
- All travel throughout the tour will be in the minibuses which school staff will have the option of being insured on allowing a degree of flexibility within the itinerary.
- All excursions listed included in the price.
- Meals provided - Breakfast, lunch and dinner. Staff and students will take an active role in the preparation of meals including setting up and clearing up of the dining hall.
- Diving equipment provided (wetsuit, fins, boots, mask and snorkel).

\*Flights are not included in the price and you must book this separately. Don't worry, we will give you all the help you need to do this and the major airlines who fly to South Africa have great group booking arrangements including small deposits to secure flights



FOLLOW CAPE-ED ON:



**Cape-ED Limited**  
Company No. 11264250  
Tel: +44 7979 523 186  
Email: [info@cape-ed.com](mailto:info@cape-ed.com)